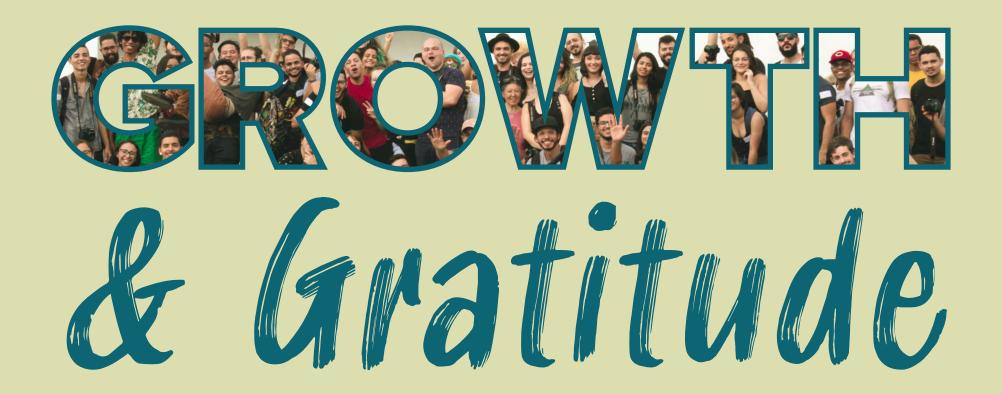
#### IMPACT REPORT





2022 - 2023

### Dear Community,

I am honored to present to you our annual Impact Report, reflecting the incredible strides we have taken together this past year. I am immensely proud of the collective impact we have achieved in supporting and uplifting the lives of these resilient young individuals.

This year has been a testament to our shared commitment to making a lasting difference in the lives of current and former foster youth and young adults. Every success story is due to the dedication of our team, the support of our partners, and the unwavering spirit of the young people we serve. Between restructuring the agency, transitions with our homes, and constantly working to serve our youth in the best way possible, this year has presented some challenges, as well as some wonderful memories.

In the pages that follow, you will find stories of triumph over adversity, achievements that defy expectations, and a community that has rallied around a common cause. Let us celebrate the milestones we've reached, acknowledge the challenges that lie ahead, and renew our commitment to ensuring that every foster youth and young adult has the opportunity to thrive.

Thank you for being an integral part of our journey. Your support fuels our passion, and together, we will continue to make a lasting impact on the lives of foster youth.



In gratitude, Tim

LiByrO

5 programs

45 youth served

15 8400 hours dedicated to

youth service provision

## Family Pathways



- After a client experienced physical violence in his last group home placement and saw six different therapists in four months, he was not open minded about meeting with a Youth Homes provider. Four months later, this client names his provider as one of his biggest supporters and has advocated to continue services with her even if he must move out of Contra Costa County.
- While saving up to purchase a car, we were able to support a young woman in purchasing an electric bicycle to get to and from work. She's gone from experiencing angry outbursts to regulating her emotions, continuing to attend school, and sustaining a great job.

- A young client joined Youth Homes at risk of placement in a foster home and hospitalization. Through attending daycare and meeting with his therapeutic behavioral specialist, he learned communication skills, self-soothing skills, how to engage with his peers, and even how to prompt his caregivers to take deep breaths with him.
- Due to her disregulated behavior, another young client was at risk of losing her foster care placement. She worked hard with her provider to identify feelings, learn coping skills, and communicate in an age-appropriate manner. After meeting all her TBS treatment goals, she was adopted by her foster family and has a "forever home".

### Therapeutic Behavioral Services



## Short Term Residential Therapeutic Program



• A young teen client came into our residential care with a lack of basic self-care skills, struggling with intense anger issues, as well as his gender identity. He began home schooling after being builled at school and ultimately being expelled for engaging in physical fights. While in our care and also receiving our therapeutic behavioral services, he learned to control his anger, assisted with repairs needed for damages he caused in the house, began receiving services for his gender transition, and was successfully discharged to live with a family member where he is thriving!

- One ambitious client planned and executed a summer carnival open to all Youth Homes clients. Through this, he got to work with his life skills coach on budgeting, planning, and social skills. Between games, prizes, lunch and treats, it was an amazing time for all (see the back cover of this report for photos!).
- After 2 years of receiving services at Youth Homes, one client has exhibited immense growth, including making the Dean's List at her community college, reconnecting with family while she maintained healthy boundaries, and an immense decrease in mental health symptoms. She will be discharged from our program soon having met all her treatment goals.

# Transition-Age Youth



#### Family Pathways

Family Pathways is ramping up for a large service restructure coming the FY 2023-24. This will include the combination of some of their services, providers being cross-trained to provide additional services, and an overall more cohesive provision of services for our clients. Learning these new skills has kept their team extra engaged and excited about their work this year. Outside of providing new services, one team member had a baby and another has completed her licensure hours and is preparing for her LMFT (Licensed Marriage and Family Therapist) exam.

#### Therapeutic Behavioral Services

TBS has wrapped up another year of steadfast collaboration and support from their team members. They successfuly launched movie days and art days at our Antioch office open to all Youth Homes clients; movie days pair a youth film with a lesson about emotions or mental health, and art days teach different creative methods for our young people to practice self-regulation and self-expression. Clients across all programs attending these enrichment days has been a catalyst for more provider collaboration, creating more cohesive service provision across the organization. This team continues to hold some of our longest-standing team members, meet their fiscal minutes and productivity goals, and upkeep our Antioch office as a safe and inviting place to work with clients.

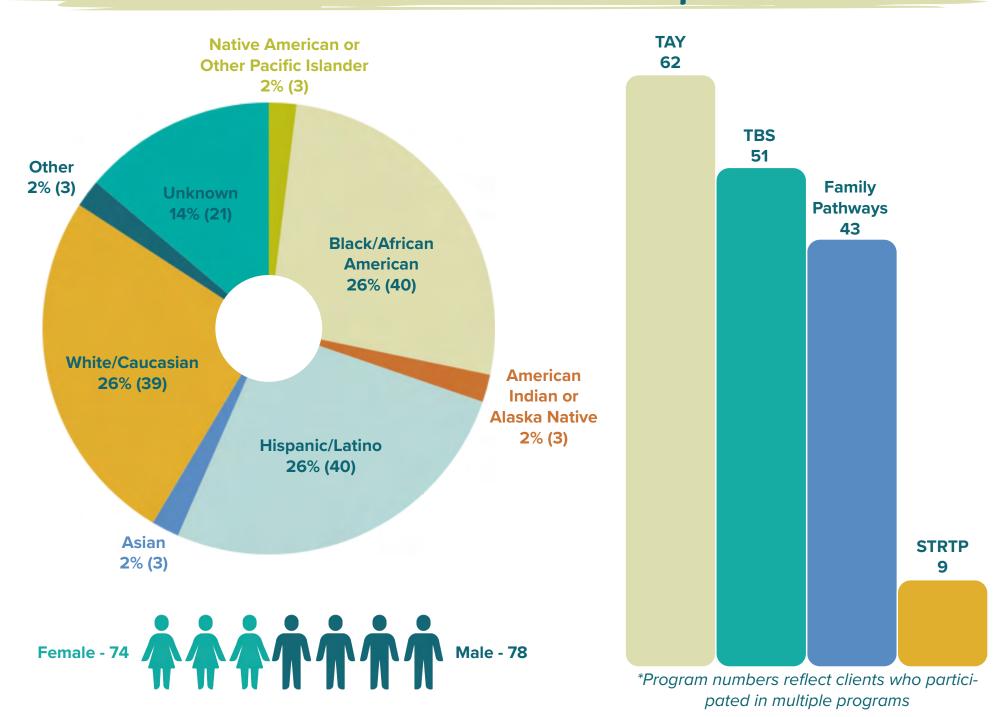
#### Short Term Residential Therapeutic Program

The STRTP team continues to work toward becoming a more therapeutic environment. The Danville Children's Guild grant has provided residential youth with amazing enrichment and social opportunities like going on dates, going to Homecoming dances, taking music lessons, attending horse therapy, and going to the gym with staff. As local youth continue to show more complex trauma and treatment needs, the team continues to prioritize safety and stabilizing new clients in the home. The STRTP team was drastically restructured which resulted in promotions and almost a dozen new members hired.

#### Transition-Age Youth

TAY has spent their year expanding their services to create a more wrap-around program. This included (but certainly wasn't limited to) launching workforce development where clients can earn a wage working at Youth Homes Thrift Shop, and hiring an enrichment coordinator who has led youth on incredible advenures such as mountain biking, kayaking, fishing, boating, museum trips, and more. The team welcomed several more new members, awarded two amazing promotions, and is supporting one team member as she prepares to take her licensure exam to become an LMFT.

### Client Data & Demographics





Our youth and their caregivers shop 100% for free, from the latest fashions to housewares, and everything in between. Foster youth often feel that their voice and choice have been taken away. At the Youth Homes Thift shop, our young people are our VIPs. They get to handpick their very own things, make decisions and take charge of their choices.

Most of our clients come in and have nothing to their name - the Thrift Shop is a safe space for them. They can gain socialization skills as well as have their basic needs met.

- Nicole Stigamire, Lead Life Skills Coach

Traumatic childhood experiences forced Anna\* to grow a tough exterior. In the first few weeks of joining the Employment Acceleration Program at at the shop, Anna found it difficult to focus. But the shop manager recognized her potential and with time and the unwavering support of her life skills coach, Anna's demeanor changed. Her social skills improved, she softened, and started to discover purpose in her work.

A few months into the role, an exciting opportunity arose - Anna was invited to participate in an expansion project at the shop.





In partnership with the Department of Rehabilitation, youth receiving our services are able to earn a wage and gain workplace skills in an environment that is safe and supportive. They receive coaching, feedback, and support via the Youth Homes Life Skills team.

Guided by the manager, two incredible maintenance volunteers, and her life skills coach, Anna became project manager, scheduling steps to renovate the space. Shelves were disassembled, walls were plastered and painted, and custom furniture was built.

The unveiling of the new project in July 2023 marked more than a revamped space. It was a celebration of personal growth and transformation. When she walks into the shop, she's proud! She knows she helped improve the shop and this has done wonders for her self-confidence and her sense of self-worth.



# 556 volunteer hours given to our mission









It's amazing what being in a thrift shop can do for a human being.

- Flora Londre, Lead Residential Behavioral Specialist

The thrift shop is a community hub building awareness about our youth and our services. We are supported by volunteers, staff, and multiple community groups as we host regular events and donation drives to connect the community's abundance to our youth.

# Join us to make an impact!



Many hands make light work! If you'd like to join this team of superheroes, contact Danielle at daniellej@youthhomes.org.



#### DONATE

Organize a collection in your community, or simply drop off your lightly loved items to the shop Monday through Saturday 10am-3pm.

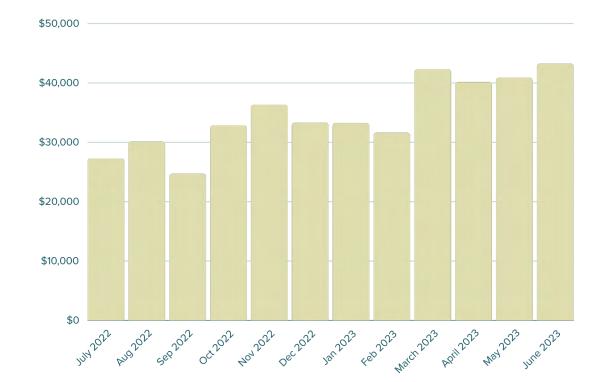


#### **HOST A DRIVE TO THRIVE**

Youth Homes is on the road! Borrow our donation trailer to host your own Drive to Thrive! Download the D2T packet at youthhomes.org/thrift.

# Thrift Shop Financial Impact

54/



annual revenue growth

23, 945 total transactions

\$402,476

raised for youth impact

#### TRAILER MATH



\$7,000-\$9,800 in direct impact!



#### VOLUNTEER TIMELINE

July 2022

Client fishing event at Lafayette Resovoir Alliance of Therapy Dogs



July 2022

Landscaping at
Cherry Lane home
Impact Diablo Valley



Client learns to sew on new sewing machine Rossmoor Alamo Women's Club



December 2022

Christmas gifts purchased, packed and wrapped for ALL clients St. Perpetua School



October 2022

Outdoor
maintenance at
Cherry Lane
SRV Waterpolo
Community
Presbyterian Church

#### January 2023

Warmth drive benefitting Youth Homes Thrift Shop

Enkasa Home Greet Lafayette Resource Fill



October 2022

Youth Homes
Thrift Shop fall
changeover
Junior League
Oakland East Bay





Cherry Lane fence rebuild Rebuilding Together BTC The Oaks Berkeley Lab



#### VOLUNTEER TIMELINE

February 2023

Volunteer
appreciation
brunch
NCL Rolling Hills



May 2023

Cherry Lane gardening at Lafayette
Community Day

Mechanics Bank and family Master Gardener Karen Alison Haux (Thrift Shop cashier extraordinaire)

### January 2023

Kind notes written for youth and team
Born This Way
Foundation



March 2023

Poker Tournament fundraiser Boys Team Charity Danville

### April 2023

Easter goodie
baskets
delivered to
our main office
Pledge to
Humanity

January 2023

Art supply delivery to Antioch office Pledge to Humanity



April 2023

Thrift Shop expansion
Gordon & Henry (our amazing maintenance volunteers)
Youth Homes TAY client



## Community partners

Birthday cakes, dog friends, equipment rentals, food, and furniture: just a few ways our partners enrich and strengthen Youth Homes' services all year long. This work takes a village - meet ours.







































































### Event Partners

Thank you to these select partners for supporting our in-person fundraisers this year. This impactful work would not be possible without you!

#### **POKER TOURNAMENT 2023**















#### **COMEDY IN THE PARK 2023**













# CONEDY IN THE PARK

#### Laughter is the best medicine!

On a rainy day in May, the clouds finally parted in the evening for us to host our annual in-person fundraiser, Comedy in the Park. It is not extremely often that we can all gather in person, enjoy a meal, and laugh together – but this was one of those opportunities, and we are so grateful for it.

The funds raised on this night have continued to impact our youth all year long through the success stories you've read in this Impact Report, to countless enrichment experiences that will change their lives forever, to offsetting our basic operating costs that make our entire mission possible.

We would only be capable of a fraction of what we do without our incredible volunteers, our generous donors, and our unbeatable team. Thank you to our sponsors for this event: John Muir Health, ZRC Wealth Management, Fremont Bank, Hanna Insurance + Financial Solutions, Pleasant Hill Coin & Jewelry, and Pacific Service Credit Union.

We hope you can all join us next year to be part of this magical and impactful evening!









In fiscal year 2022-23, Youth Homes experienced stability as we successfully navigated the challenges posed by the pandemic and addressed section-wide staffing shortages. Despite these hurdles, we observed a consistent growth in the services we offer, a trend that extended from the fourth quarter of the fiscal year into the subsequent quarter.

Looking ahead, our focus for the upcoming year revolves around managing significant funding changes from both the State and County. Our overarching goal is to enhance the delivery of direct services to our clients. To achieve this, we plan to make essential adjustments to accurately reflect our operational expenses, ensuring a more streamlined and effective use of resources.

As we move forward, Youth Homes is committed to maintaining the positive momentum established in the previous fiscal year, embracing changes that will reinforce our ability to provide vital services to the youth and young adults we serve.

Revenue	2023	2022
Program Income & Govt. Funding	\$ 4,181,340	4,534,202
Grants & Contributions	\$ 775,712	761,629
Thrift Shop	\$ 402,476	251,716
Other Income	\$ 736,841	(266,919)
Total Operating Revenue	\$ 6,096,369	5,327,473
Expenses	2023	2022
Programs	\$ 4,244,598	5,065,083
Administrative & General	\$ 1,865,586	1,750,808
Fundraising	\$ 445,549	330,366
Total Operating Expenses	\$ 6,555,733	7,146,257

### Living Legends

Thank you to this incredible group of donors who have chosen to make a lifelong commitment to supporting Youth Homes through including us in their estate.

Richard Bittner
Kathy & Rick Bowles
Chris & Elizabeth Chapple
Lorraine Danson\*
Peggy & Keith Fleming
Edith Henchey
Corrine Marks

**Change in Net Assets** 

Barbara & Stuart McCullough
Gary & Leslie Miller
Valerie Ridgers
Bud & Phyllis Riggs\*
Leigh & Ivy Robinson\*
Joanne Taylor\*
Catherine (Tat) Welcome

(459, 364)

**Anonymous (11)** 

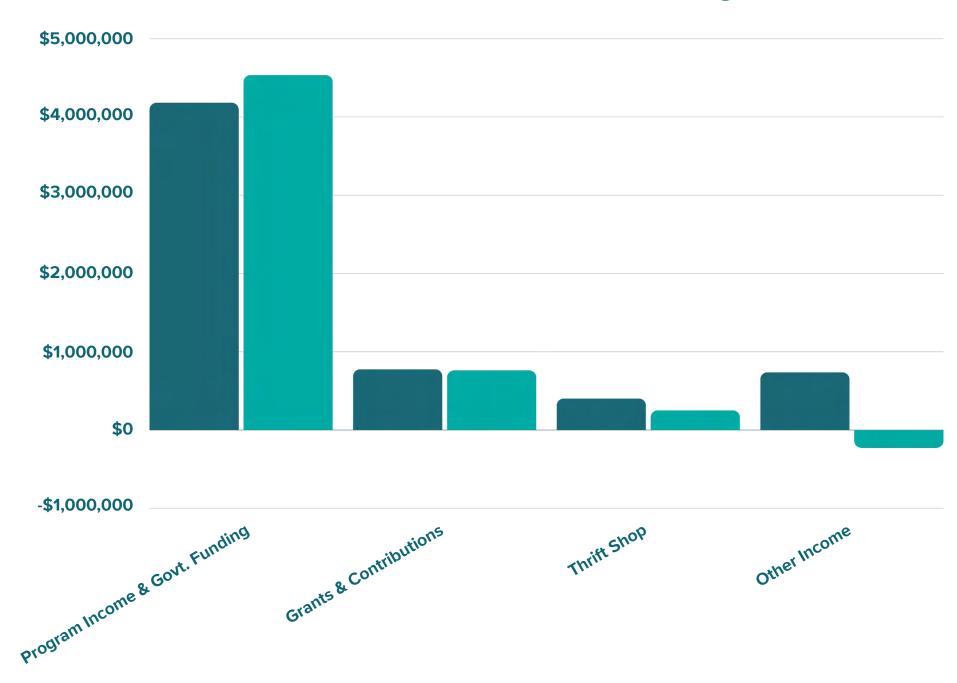
(1.818.784)

\*Deceased

### 2021-2023 Revenue











1200 Concord Ave. #450 Concord, CA 94520 | youthhomes.org









